

Virtual Eucharistic Adoration

*Create a prayerful setting for this special time with the Lord and access an on-line chapel.
May this time of prayer and adoration before the Blessed Sacrament be an opportunity
to grow in awareness of the incomparable treasure which Christ entrusted to his Church.*

DECEMBER CONTEMPLATION

*I give thanks to God for the peace that you are presently enjoying.
– St. Gaspar #2109*

Opening Prayer

Lord Jesus, in the Eucharist You make your dwelling among us and become our traveling companion; sustain our Christian communities so that they may be ever more open to listening and accepting your Word. May they draw from the Eucharist a renewed commitment to spreading in society, by the proclamation of your Gospel, the signs and deeds of an attentive and active charity. We ask this in Jesus' name. Amen.

Silent Reflection

Let us keep silence before God – silent within ourselves – that our hearts and ears may be open.

Prayer Before Reading Scripture

Jesus Christ, our Master, You are the Way and the Truth and the Life. Grant that we may learn the sublime knowledge of Your charity in the Spirit of St. Paul the Apostle and of the Catholic Church. Send Your Holy Spirit to teach us and remind us of what You have preached. We pray in Jesus' name. Amen.

Scripture Reading: (Romans 15:7-13)

A reading from the letter of St. Paul to the Romans

Accept one another, then, just as Christ accepted you, in order to bring praise to God. For I tell you that Christ has become a servant of the Jews on behalf of God's truth, to confirm the promises made to the patriarchs so that the Gentiles may glorify God for his mercy, as it is written: "Therefore I will praise you among the Gentiles; I will sing hymns to your name." Again, it says, "Rejoice, O Gentiles, with his people." And again, "Praise the Lord, all you Gentiles, and sing praises to him, all you peoples." And again, Isaiah says, "The Root of Jesse will spring up, one who will arise to rule over the nations; the Gentiles will hope in him." May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

The Word of the Lord.

All: Thanks be to God.

Responsorial Psalm: (Psalm 56:10c-12, 13-14)

R.. I will walk in the presence of God, in the light of the living.

Now I know that God is with me. In God, in whose promise I glory, in God I trust without fear; what can flesh do against me? **R/.**

I am bound, O God, by vows to you; your thank offerings I will fulfill. For you have rescued me from death, my feet, too, from stumbling; that I may walk before God in the light of the living. **R/.**

Glory Be...

Reflection: (*Catechism*, 1964)

"The Law is a pedagogy and a prophecy of things to come." It prophesies and presages the work of liberation from sin which will be fulfilled in Christ: it provides the New Testament with images, "types," and symbols for expressing the life according to the Spirit. Finally, the Law is completed by the teaching of the sapiential books and the prophets which set its course toward the New Covenant and the Kingdom of heaven.

(Catechism of the Catholic Church, 2nd Edition, PART THREE - LIFE IN CHRIST, SECTION ONE: MAN'S VOCATION: LIFE IN THE SPIRIT, CHAPTER THREE: GOD'S SALVATION: LAW AND GRACE, ARTICLE 1: THE MORAL LAW, II. THE OLD LAW.)

A Christmas Prayer

God of love, Father of all, the darkness that covered the earth has given way to the bright dawn of your Word made flesh. Make us a people of this light. Make us faithful to your Word that we may bring your life to the waiting world. Grant this through Christ our Lord. Amen.

Silent Reflection

This year the **Meditations** will be taken from *Gaudete et Exsultate*, the Apostolic Exhortation by Pope Francis that presents a spirituality of holiness in everyday life clearly based on Catholic Tradition.

Meditation: (*Gaudete et Exsultate*, 29,31,32)

...[we] need to stop this rat race and to recover the personal space needed to carry on a heartfelt dialogue with God?¹

We need a spirit of holiness capable of filling both our solitude and our service, our personal life and our evangelizing efforts, so that every moment can be an expression of self-sacrificing love in the Lord's eyes. In this way, every minute of our lives can be a step along the path to growth in holiness.²

Do not be afraid of holiness. It will take away none of your energy, vitality or joy. On the contrary, you will become what the Father had in mind when he created you, and you will be faithful to your deepest self. To depend on God sets us free from every form of enslavement and leads us to recognize our great dignity.³

¹ *Gaudete et Exsultate*, 29

² Ibid. 31

³ Ibid..32

Intentions

Let us pray together the Daily Offering with the intentions of the Holy Father and our personal intentions:

R/. Lord, hear our prayer.

All: Eternal Father, we offer you in union with Mary, Mother of the Redeemer of humankind, the Blood Jesus shed with love in his passion and every day is offered on the altar. In union with the Victim offered for the salvation of the world, we offer today's actions in expiation for our sins, for the conversion of sinners, for the souls in purgatory, for the needs of the holy Church, and especially:

For the Holy Father's Intention for volunteer not-for-profit organizations:

We pray that volunteer non-profit organizations committed to human development find people dedicated to the common good and ceaselessly seek out new paths to international cooperation., we pray to the Lord. *R/.*

For all who hear and read God's word with faith, that the Spirit may touch their hearts with joy, let us pray to the Lord. *R/.*

Lord, You have promised to be with your Church always, may the Holy Spirit inspire many more vocations to the priesthood and religious life, we pray to the Lord. **R/.**

For those who've asked the help of our prayers, for those who have no one to pray for them, and for the intentions we hold in the silence of our hearts, we pray to the Lord. **R/.**

The Blood of Christ is Life for all Our Needs

Eternal Father, we offer you the Precious Blood of Jesus Christ, poured out on the cross and offered daily on the altar:

- ✦ For the glory of your name, for the coming of your kingdom and for the salvation of all.
- ✦ For the propagation of faith, for Pope Francis, for bishops, priests, and religious and for the sanctification of all the people of God.
- ✦ For the conversion of sinners, for the loving acceptance of your Word, and for the union of all Christians.
- ✦ For civil authorities, for the strengthening of public morals, and for peace and justice among all nations.
- ✦ For the sanctification of our work and suffering, for the poor, sick and afflicted, and for all who rely on our prayers.
- ✦ For our own spiritual and temporal needs, for those of our relatives, benefactors, and also for those of our enemies.
- ✦ For those who are to die this day, for the souls in purgatory, and for our final union with Christ in Glory.

Our Father...

Silent Reflection

Closing Prayer: Precious Blood Prayer

All: Almighty and Eternal God, you have appointed your only-begotten Son the Redeemer of the world and willed to be appeased by his Blood. Grant we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen

Our Lady of the Most Precious Blood, pray for us.
St. Gaspar, pray for us, St. Maria De Mattias, pray for us,
St. Francis Xavier, pray for us.