

FEBRUARY CONTEMPLATION

*May devotion to the Divine Blood be our comfort and through it may we be strengthened in our apostolate.
– St. Gaspar (Letter #3037)*

Opening Hymn

Eucharistic Exposition

Leader:

May this time of prayer and adoration before the Blessed Sacrament be a precious opportunity to grow in awareness of the incomparable treasure which Christ has entrusted to his Church. May it encourage a more lively and fervent celebration of the Eucharist, leading to a Christian life transformed by love. May all of us rediscover the gift of the Eucharist as light and strength for our daily lives in the world in the exercise of our respective professions. We pray in Jesus' name.

All: Amen.

Leader:

Let us pray together the Daily Offering with the intention of the Holy Father:

All:

Eternal Father, we offer you in union with Mary, Mother of the Redeemer of humankind, the Blood Jesus shed with love in his passion and every day is offered on the altar. In union with the Victim offered for the salvation of the world, we offer today's actions in expiation for our sins, for the conversion of sinners, for the souls in purgatory, for the needs of the holy Church, and especially: that all those who are afflicted, especially the poor, refugees, and marginalized, may find welcome and comfort in our communities.

Silent Reflection

Let us keep silent within ourselves that our hearts and ears may be open.

Prayer Before Reading Scripture

Leader: *Let us pray.*

All: Jesus Christ, our Master, You are the Way and the Truth and the life. Grant that we may learn the sublime knowledge of Your charity in the Spirit of St. Paul the Apostle and of the Catholic Church. Send Your Holy Spirit to teach us and remind us of what You have preached. We pray in Jesus' name. Amen.

Scripture Reading: *(Romans 12:1-8)*

Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, which is your spiritual service of worship. And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.

For through the grace given to me I say to everyone among you not to think more highly of himself than he ought to think; but to think so as to have sound judgment, as God has allotted to each a measure of faith. For just as we have many members in one body and all the members do not have the same function, so we, who are many, are one body in Christ, and individually members one of another. Since we have gifts that differ according to the grace given to us, each of us is to exercise them accordingly: if prophecy, according to the proportion of his faith; if service, in his serving; or he who teaches, in his teaching; or he who exhorts, in his exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness.

The Word of the Lord.

All: Thanks be to God.

Responsorial Psalm (*Psalm 34:3-5,8-11*)

***Response: I will praise the Lord at all times;
his praise will always be on my lips.***

Glorify the LORD with me;
let us exalt his name together. ***R/.***

I sought the LORD, and he answered me;
he delivered me from all my fears. ***R/.***

Those who look to him are radiant;
their faces are never covered with shame. ***R/.***

Taste and see that the LORD is good;
blessed is the man who takes refuge in him. ***R/.***

Fear the LORD, you his saints,
for those who fear him lack nothing. ***R/.***

The lions may grow weak and hungry,
but those who seek the LORD lack no good thing. ***R/.***

Come, my children, listen to me;
I will teach you the fear of the LORD. ***R/.***

Glory be to the Father...

Prayer for Missionaries

All: Lord our God, loving Father, we humbly pray to You for our beloved missionaries, heralds of the Gospel. May our prayers reach their hearts that they may feel our love, our strength, and our faith that they continue the mission entrusted to them with Your zeal. May their presence in our community be a reminder of Your presence among us. We pray in Jesus' name. Amen.

Meditation: CHAPTER I - THE PRIESTHOOD IN THE MINISTRY OF THE CHURCH

The office of priests, since it is connected with the episcopal order, also, in its own degree, shares the authority by which Christ builds up, sanctifies and rules His Body. Wherefore the priesthood, while indeed it presupposes the sacraments of Christian initiation, is conferred by that special sacrament; through it priests, by the anointing of the Holy Spirit, are signed with a special character and are conformed to Christ the Priest in such a way that they can act in the person of Christ the Head. (*Lumen Gentium*, 10)

In the measure in which they participate in the office of the apostles, God gives priests a special grace to be ministers of Christ among the people. They perform the sacred duty of preaching the Gospel, so that the offering of the people can be made acceptable and sanctified by the Holy Spirit. (cf. Rom. 15:16) Through the apostolic proclamation of the Gospel, the People of God are called together and assembled. All belonging to this people, since they have been sanctified by the Holy Spirit, can offer themselves as "a sacrifice, living, holy, pleasing to God" (Rom. 12:1). (*Presbyterorum Ordinis*, Decree on the Ministry and Life of Priests, #2)

Silent Reflection

Prayer for the Family

Leader: *Let us pray.*

God and Father of us all, in Jesus, your Son and our Savior, you have made us your sons and daughters in the family of the Church. May your grace and love help our families in every part of the world be united to one another in fidelity to the Gospel. May the example of the Holy Family, with the aid of your Holy Spirit, guide all families, especially those most troubled, to be homes of communion and prayer and to always seek your truth and live in your love. Through Christ our Lord. Amen. Jesus, Mary and Joseph, pray for us!

Intentions

Leader:

Jesus Christ our Savior and Lord, you have loved us with an everlasting love, and have established your friendship with us. We desire to live as you live, following you as your disciples along the path of holiness. Help us to share the good news of your love and your salvation to many others on life's journey. Amen.

Our response will be: *Lord, hear our prayer.*

For our community, and especially for those among us who are dispirited and broken-hearted, who find no hope or meaning or purpose in life, we pray. *R/*

You chose bread and wine as the signs of the Eucharist. May we always hunger and thirst for the food that nourishes us for eternal life, we pray. *R/*

For families, that they may become the school of faith that is lived and the sign of hope for new generations, we pray. *R/*

Lord, You have promised to be with your Church always, may the Holy Spirit inspire many more vocations to the priesthood and religious life, we pray to the Lord. *R/*

For those who've asked the help of our prayers, for those who have no one to pray for them, and for the intentions we hold in the silence of our hearts, we pray to the Lord. *R/*

Sharing in the mission of the Church to establish the kingdom of God we pray:

Our Father...

Silent Reflection

Closing Prayer

Leader: *Let us pray:*

All: Lord Jesus, in the Eucharist You make your dwelling among us and become our traveling companion; sustain our Christian communities so that they may be ever more open to listening and accepting your Word. May they draw from the Eucharist a renewed commitment to spreading in society, by the proclamation of your Gospel, the signs and deeds of an attentive and active charity. We ask this in Jesus' name. Amen.

Benediction and Reposition

Closing Hymn