# **MAY CONTEMPLATION**

## **Opening Hymn**

# Eucharistic Exposition

### Leader:

May this time of prayer and adoration before the Blessed Sacrament be a precious opportunity to grow in awareness of the incomparable treasure which Christ has entrusted to his Church. May it encourage a more lively and fervent celebration of the Eucharist, leading to a Christian life transformed by love. May all of us rediscover the gift of the Eucharist as light and strength for our daily lives in the world in the exercise of our respective professions. We pray in Jesus' name.

All: Amen.

# Silent Reflection

Let us keep silent within ourselves that our hearts and ears may be open.

# **Prayer Before Reading Scripture**

Leader: Let us pray.

**All:** Jesus Christ, our Master, You are the Way and the Truth and the life. Grant that we may learn the sublime knowledge of Your charity in the Spirit of St. Paul the Apostle and of the Catholic Church. Send Your Holy Spirit to teach us and remind us of what You have preached. We pray in Jesus' name. Amen.

## Scripture Reading: (1 Timothy 6:11-16)

But as for you, man of God, shun all this; pursue righteousness, godliness, faith, love, endurance, gentleness. Fight the good fight of the faith; take hold of the eternal life, to which you were called and for which you made the good confession in the presence of many witnesses. In the presence of God, who gives life to all things, and of Christ Jesus, who in his testimony before Pontius Pilate made the good confession, I charge you to keep the commandment without spot or blame until the manifestation of our Lord Jesus Christ, which he will bring about at the right time--he who is the blessed and only Sovereign, the King of kings and Lord of lords.

It is he alone who has immortality and dwells in unapproachable light, whom no one has ever seen or can see; to him be honor and eternal dominion. Amen.

The Word of the Lord.

All: Thanks be to God.

**Responsorial Psalm** (Psalm 145: 9-12, 13, 16-17)

Response: All your works will thank you, Lord.

The Lord is good to everyone. He showers compassion on all his creation.

All of your works will thank you, Lord, and your faithful followers will praise you. *R*/.

They will speak of the glory of your kingdom; they will give examples of your power.

They will tell about your mighty deeds and about the majesty and glory of your reign. R/.

For your kingdom is an everlasting kingdom. You rule throughout all generations **R**/.

The Lord always keeps his promises; he is gracious in all he does. R/.

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When you open your hand, you satisfy the hunger and thirst of every living thing. The Lord is righteous in everything he does; he is filled with kindness. *R*/.

## Glory be to the Father...

## **Reflection:** \* Aperuit Illis, #15

Along our path of welcoming God's word into our hearts, the Mother of the Lord accompanies us. She is the one who was called blessed because she believed in the fulfilment of what the Lord had spoken to her (cf. *Lk* 1:45). Mary's own beatitude is prior to all the beatitudes proclaimed by Jesus about the poor and those who mourn, the meek, the peacemakers and those who are persecuted, for it is the necessary condition for every other kind of beatitude. The poor are not blessed because they are poor; they become blessed if, like Mary, they believe in the fulfilment of God's word. A great disciple and master of Sacred Scripture, Saint Augustine, once wrote: "Someone in the midst of the crowd, seized with enthusiasm, cried out: 'Blessed is the womb that bore you' and Jesus replied, 'Rather, blessed are they who hear the word of God and keep it'. As if to say: My mother, whom you call blessed, is indeed blessed, because she keeps the word of God. Not because in her the Word became flesh and dwelt among us, but because she keeps that same word of God by which she was made and which, in her womb, became flesh" (*Tractates on the Gospel of John*, 10, 3).

## Silent Reflection

### **Prayer for Mothers (**from "Women for Faith & Family – www.wf-f.org.)

Most gracious heavenly father, we thank you for our mothers to whom you have entrusted the care of every precious human life from its very beginning in the womb. You have given to woman the capacity of participating with you in the creation of new life. Grant that every woman may come to understand the full meaning of that blessing, which gives her an unlimited capacity for selfless love for every child she may be privileged to bear, and for all your children.

To mothers You have given the great privilege and responsibility of being a child's first teacher and spiritual guide. Grant that all mothers may worthily foster the faith of their children, following the example of Mary, Elizabeth, and other holy women who follow Christ. Help mothers to grow daily in knowledge and understanding of Your Son, Our Lord Jesus Christ, and grant them the wisdom to impart this knowledge faithfully to their children and to all who depend upon them.

We ask your blessing on all those to whom You have entrusted motherhood. May Your Holy Spirit constantly inspire and strengthen them. May they ever follow the example of Mary, mother of Our Lord, and imitate her fidelity, her humility, and her self-giving love.

We ask this through our Lord and Savior, Jesus Christ, who lives and reigns with You and the Holy Spirit, one God, world without end. Amen.

### Meditation from Dei Verbum

"The obedience of faith" (Rom. 16:26; see Rom. 1:5; 2 Cor. 10:5-6) "is to be given to God who reveals, an obedience by which man commits his whole self freely to God, offering the full submission of intellect and will to God who reveals" [4], and freely assenting to the truth revealed by Him. TO make this act of faith, the grace of God and the interior help of the Holy Spirit must precede and assist, moving the heart and turning it to God, opening the eyes of the mind and giving "joy and ease to everyone in assenting to the truth and believing it" [5]. To bring about an ever deeper understanding of revelation the same Holy Spirit constantly brings faith to completion by His gifts. *Dogmatic Constitution on Divine Revelation*, Chapter.I, *Revelation Itself*, #5.

[4] First Vatican Council, DOGMATIC CONSTITUTION ON THE CATHOLIC FAITH, Chap. 3, "On Faith:" Denzinger 1789 (3008).

[5] Second Council of Orange, Canon 7: Denzinger 180 (377); First Vatican Council, loc. cit.: Denzinger 1791 (3010).

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### **Intentions**

Let us pray together the Daily Offering with the intention of the Holy Father and our personal intentions:

## All:

Eternal Father, we offer you in union with Mary, Mother of the Redeemer of humankind, the Blood Jesus shed with love in his passion and every day is offered on the altar. In union with the Victim offered for the salvation of the world, we offer today's actions in expiation for our sins, for the conversion of sinners, for the souls in purgatory, for the needs of the holy Church, and especially:

For the Holy Father's intention: that deacons, faithful in their service to the Word and the poor, may be an invigorating symbol for the entire Church, we pray. **R**/.

Our response will be: Lord, hear our prayer.

That all mothers may find in Mary the example and strength to carry out their vocation, we pray. R.

Lord, You have promised to be with your Church always, may the Holy Spirit inspire many more vocations to the priesthood and religious life, we pray. **R**/.

For those who've asked the help of our prayers, for those who have no one to pray for them, and for the intentions we hold in the silence of our hearts, we pray. **R**/.

Our Father...

Silent Reflection

## **Closing Prayer**

**Leader:** *Let us pray:* 

All: Lord Jesus, in the Eucharist You make your dwelling among us and become our traveling companion; sustain our Christian communities so that they may be ever more open to listening and accepting your Word. May they draw from the Eucharist a renewed commitment to spreading in society, by the proclamation of your Gospel, the signs and deeds of an attentive and active charity. We ask this in Jesus' name. Amen.

Benediction and Reposition

### **Closing Hymn**

<sup>\*</sup> This year the *Reflections* will be taken from *Aperuit Illis (Instituting the Sunday of the Word of God)* the Apostolic Letter by Pope Francis to "enable the Church to experience anew how the risen Lord opens up for us the treasury of his word and enables us to proclaim its unfathomable riches before the world." (#2)

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