

## Virtual Eucharistic Adoration

*Create a prayerful setting for this special time with the Lord and access an on-line chapel.  
May this time of prayer and adoration before the Blessed Sacrament be an opportunity  
to grow in awareness of the incomparable treasure which Christ entrusted to his Church.*

## MAY CONTEMPLATION

*May devotion to the Divine Blood be our comfort  
and through it may we be strengthened in our apostolate.  
– St. Gaspar #3037*

### Opening Prayer

Lord Jesus, in the Eucharist You make your dwelling among us and become our traveling companion; sustain our Christian communities so that they may be ever more open to listening and accepting your Word. May they draw from the Eucharist a renewed commitment to spreading in society, by the proclamation of your Gospel, the signs and deeds of an attentive and active charity. We ask this in Jesus' name. Amen.

### Silent Reflection

*Let us keep silence before God – silent within ourselves – that our hearts and ears may be open.*

### Prayer Before Reading Scripture

Jesus Christ, our Master, You are the Way and the Truth and the Life. Grant that we may learn the sublime knowledge of Your charity in the Spirit of St. Paul the Apostle and of the Catholic Church. Send Your Holy Spirit to teach us and remind us of what You have preached. We pray in Jesus' name. Amen.

### Scripture Reading: (Hebrews 4:12-16)

*A reading from the letter of Paul to the Hebrews*

For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. Nothing in all creation is hidden from God's sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account. Therefore, since we have a great high priest who has gone through the heavens, Jesus the Son of God, let us hold firmly to the faith we profess. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet was without sin. Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

The Word of the Lord.

**All: Thanks be to God.**

### Responsorial Psalm: (Psalm 34:3-5,8-11)

**Response: I will praise the Lord at all times; his praise will always be on my lips.**

Glorify the LORD with me; let us exalt his name together. **R/.**

I sought the LORD, and he answered me; he delivered me from all my fears. **R/.**

Those who look to him are radiant; their faces are never covered with shame. **R/.**

Taste and see that the LORD is good; blessed is the man who takes refuge in him. **R/.**

Fear the LORD, you his saints, for those who fear him lack nothing. *R/.*

The lions may grow weak and hungry, but those who seek the LORD lack no good thing. *R/.*

Come, my children, listen to me; I will teach you the fear of the LORD. *R/.*

**Glory Be...**

### **Reflection from the Catechism: Thy Will be Done**

In Christ, and through his human will, the will of the Father has been perfectly fulfilled once for all. Jesus said on entering into this world: "Lo, I have come to do your will, O God." (Psalm 40:7) Only Jesus can say: "I always do what is pleasing to him." (John 8:29) In the prayer of his agony, he consents totally to this will: "not my will, but yours be done." Luke 22:42) For this reason Jesus "gave himself for our sins to deliver us from the present evil age, according to the will of our God and Father." (Gal. 1:4) "And by that will we have been sanctified through the offering of the body of Jesus Christ once for all." (Heb 10:10) (2824)

By prayer we can discern "what is the will of God" and obtain the endurance to do it. (Rom. 12:2) Jesus teaches us that one enters the kingdom of heaven not by speaking words, but by doing "the will of my Father in heaven." (Matt. 7:21) (2826)

### **Seasonal Prayer: Prayer for Mothers**

Most Gracious Heavenly Father, we thank You for our mothers to whom You have entrusted the care of every precious human life from its very beginning in the womb.

You have given to woman the capacity of participating with You in the creation of new life. Grant that every woman may come to understand the full meaning of that blessing, which gives her an unlimited capacity for selfless love for every child she may be privileged to bear, and for all Your children.

To mothers You have given the great privilege and responsibility of being a child's first teacher and spiritual guide. Grant that all mothers may worthily foster the faith of their children, following the example of Mary, Elizabeth, and other holy women who follow Christ. Help mothers to grow daily in knowledge and understanding of Your Son, Our Lord Jesus Christ, and grant them the wisdom to impart this knowledge faithfully to their children and to all who depend upon them.

We ask your blessing on all those to whom You have entrusted motherhood. May Your Holy Spirit constantly inspire and strengthen them. May they ever follow the example of Mary, mother of Our Lord, and imitate her fidelity, her humility, and her self-giving love. Amen. (from [www.wf-f.org](http://www.wf-f.org).)

### ***Silent Reflection***

#### **Meditation:** (*Spe Salvi*, Mary, Star of Hope)

Holy Mary, you belonged to the humble and great souls of Israel who, like Simeon, were "looking for the consolation of Israel" (*Lk* 2:25) and hoping, like Anna, "for the redemption of Jerusalem" (*Lk* 2:38). Your life was thoroughly imbued with the sacred scriptures of Israel which spoke of hope, of the promise made to Abraham and his descendants (cf. *Lk* 1:55). In this way we can appreciate the holy fear that overcame you when the angel of the Lord appeared to you and told you that you would give birth to the One who was the hope of Israel, the One awaited by the world... From the Cross you received a new mission. From the Cross you became a mother in a new way: the mother of all those who believe in your Son Jesus and wish to follow him...<sup>50</sup>

\* In memory of Pope Benedict XVI, this year's **Meditations** will be taken from his encyclical *Spe Salvi – in hope we were saved* - that reminds us of the future awaiting us in Jesus Christ.

"The one who has hope lives differently; the one who hopes has been granted the gift of a new life." *Spe Salvi*, 2  
May 2023 E-2

## Intentions

Let us pray together the Daily Offering with the intentions of the Holy Father and our personal intentions:

*R/. Lord, hear our prayer.*

**All:** Eternal Father, we offer you in union with Mary, Mother of the Redeemer of humankind, the Blood Jesus shed with love in his passion and every day is offered on the altar. In union with the Victim offered for the salvation of the world, we offer today's actions in expiation for our sins, for the conversion of sinners, for the souls in purgatory, for the needs of the holy Church, and especially:

For the Holy Father's Intention for church movements and groups: We pray that Church movements and groups may rediscover their mission of evangelization each day, placing their own charisms at the service of needs in the world, we pray to the Lord. *R/.*

That all mothers may find in Mary the example and strength to carry out their vocation, we pray to the Lord. *R/.*

That the Church, like the Virgin Mary, may bring Christ into the world with joy, and be joined with him in endless life, we pray to the Lord. *R/.*

Lord, You have promised to be with your Church always, may the Holy Spirit inspire many more vocations to the priesthood and religious life, we pray to the Lord. *R/.*

For those who've asked the help of our prayers, for those who have no one to pray for them, and for the intentions we hold in the silence of our hearts, we pray to the Lord. *R/.*

### **The Blood of Christ is Life for all Our Needs**

Eternal Father, we offer you the Precious Blood of Jesus Christ, poured out on the cross and offered daily on the altar:

- ✦ For the glory of your name, for the coming of your kingdom and for the salvation of all.
- ✦ For the propagation of faith, for Pope Francis, for bishops, priests, and religious and for the sanctification of all the people of God.
- ✦ For the conversion of sinners, for the loving acceptance of your Word, and for the union of all Christians.
- ✦ For civil authorities, for the strengthening of public morals, and for peace and justice among all nations.
- ✦ For the sanctification of our work and suffering, for the poor, sick and afflicted, and for all who rely on our prayers.
- ✦ For our own spiritual and temporal needs, for those of our relatives, benefactors, and also for those of our enemies.
- ✦ For those who are to die this day, for the souls in purgatory, and for our final union with Christ in Glory.

**Our Father...**

*Silent Reflection*

### **Closing Prayer: Precious Blood Prayer**

**All:** Almighty and Eternal God, you have appointed your only-begotten Son the Redeemer of the world and willed to be appeased by his Blood. Grant we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen

Our Lady of the Most Precious Blood, pray for us.

St. Gaspar, pray for us, St. Maria De Mattias, pray for us, St. Francis Xavier, pray for us.