

## **Virtual Eucharistic Adoration**

*Create a prayerful setting for this special time with the Lord and access an on-line chapel.  
May this time of prayer and adoration before the Blessed Sacrament be an opportunity  
to grow in awareness of the incomparable treasure which Christ entrusted to his Church.*

### **SEPTEMBER CONTEMPLATION OBEDIENCE**

*“Always be happy and everything will go along better.”  
– St. Gaspar #1885*

#### **Opening Prayer**

Dear Jesus, we believe that You truly present in the Blessed Sacrament. We adore You with profound reverence. We beg pardon for our sins and the grace to make this time of prayer fruitful. May our Immaculate Mother, St. Joseph our Patron, our guardian angels, and our patron saints intercede for us during this time of prayer and adoration. We ask this through Christ, our Lord. Amen.

#### ***Silent Reflection***

#### **Year of St. Joseph**

With the Apostolic Letter “Patris corde” (“With a Father’s Heart”),  
Pope Francis has proclaimed a “Year of Saint Joseph”  
to honor the man who played “an incomparable role in the history of salvation.”

#### **The Year of St. Joseph Prayer**

To you, O blessed Joseph, do we come in our afflictions...and confidently invoke your patronage. Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities.

O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ...As once you rescued the Child Jesus from deadly peril, so now protect God’s Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

#### **Scripture Reading: (Heb 12:1-8)**

*A reading from the letter to the Hebrews*

Keep on loving each other as brothers. Do not forget to entertain strangers, for by so doing some people have entertained angels without knowing it. Remember those in prison as if you were their fellow prisoners, and those who are mistreated as if you yourselves were suffering. Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral. Keep your lives free from the love of money and be content with what you have, because God has said, "Never will I leave you; never will I forsake you." So we say with confidence, "The Lord is my helper; I will not be afraid. What can man do to me?" Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith. Jesus Christ is the same yesterday and today and forever.

The Word of the Lord.

**All: Thanks be to God.**

**Responsorial Psalm:** (*Psalm 62:1-2, 5-6, 7-8, 9, 11-12a*)

**Response: Only in God is my soul at rest.**

I wait quietly before God, for my victory comes from him.

He alone is my rock and my salvation, my fortress where I will never be shaken. *R/.*

Let all that I am wait quietly before God, for my hope is in him.

He alone is my rock and my salvation, my fortress where I will not be shaken. *R/.*

My victory and honor come from God alone.

He is my refuge, a rock where no enemy can reach me. *R/.*

O my people, trust in him at all times.

Pour out your heart to him, for God is our refuge. *R/.*

Common people are as worthless as a puff of wind,  
and the powerful are not what they appear to be. *R/.*

If you weigh them on the scales, together they are lighter than a breath of air. *R/.*

God has spoken plainly, and I have heard it many times:

Power, O God, belongs to you; unfailing love, O Lord, is yours. *R/.*

**Glory Be...**

**Reflection: Virtues**

A virtue is an habitual and firm disposition to do the good. It allows the person not only to perform good acts, but to give the best of himself. The virtuous person tends toward the good with all his sensory and spiritual powers; he pursues the good and chooses it in concrete actions.

*Human virtues* are firm attitudes, stable dispositions, habitual perfections of intellect and will that govern our actions, order our passions, and guide our conduct according to reason and faith. They make possible ease, self-mastery, and joy in leading a morally good life. The virtuous person is one who freely practices the good. The moral virtues are acquired by human effort. They are the fruit and seed of morally good acts; they dispose all the powers of the human being for communion with divine love.

(*Catechism*, 1803, 1804)

**SILENT REFLECTION**

*During this Year of St. Joseph may we learn of his holy life, implore his intercession,  
and imitate his virtues and his zeal. (Pope Francis, Patris Corde).*

**Meditation: Joseph Most Prudent**

Prudence is the mother of virtues which depends upon the practical wisdom gained by experience matched with an agile mind to make decisions in the here and now. Each time Joseph knew the will of God he acted decisively, swiftly, and accurately. He acted neither rashly nor timidly, but prudently.

The soul that loves God intensely will ever seek to do His will as perfectly as possible. 'He that loveth me keeps my commandments.' Now St. Joseph's soul was ablaze with intense love of God. As a result of the extraordinary graces bestowed upon him to fit him for his high office he desired only the perfect accomplishment of God's Will. Hence he led a life of marvelous purity-walking ever in God's presence, a man of ceaseless prayer and unbroken union with God. We too, if we would achieve purity of soul, must seek to walk in God's presence. Christ has conquered the world by His Obedience. And His earthly Guardian and Helper St. Joseph must resemble Him by the perfect practice of this difficult and fundamental virtue.\*

\*e-Catholic2000.com

## Intentions

Let us pray together the Daily Offering with the intentions of the Holy Father and our personal intentions:

*R/. Lord, hear our prayer.*

**All:** Eternal Father, we offer you in union with Mary, Mother of the Redeemer of humankind, the Blood Jesus shed with love in his passion and every day is offered on the altar. In union with the Victim offered for the salvation of the world, we offer today's actions in expiation for our sins, for the conversion of sinners, for the souls in purgatory, for the needs of the holy Church, and especially:

For the Holy Father's Intention that we all will make courageous choices for a simple and environmentally sustainable lifestyle, rejoicing in our young people who are resolutely committed to this, we pray to the Lord. *R/.*

That our country more fully embrace the culture of life, recognizing in each person the image of God Himself, we pray to the Lord. *R/.*

Lord, You have promised to be with your Church always, may the Holy Spirit inspire many more vocations to the priesthood and religious life, we pray to the Lord. *R/.*

For those who've asked the help of our prayers, for those who have no one to pray for them, and for the intentions we hold in the silence of our hearts, we pray to the Lord. *R/.*

Joseph most Obedient, guide us as we seek to do God's will.

### **The Blood of Christ is Life for all Our Needs**

Eternal Father, we offer you the Precious Blood of Jesus Christ, poured out on the cross and offered daily on the altar:

- ✦ For the glory of your name, for the coming of your kingdom and for the salvation of all.
- ✦ For the propagation of faith, for Pope Francis, for bishops, priests, and religious and for the sanctification of all the people of God.
- ✦ For the conversion of sinners, for the loving acceptance of your Word, and for the union of all Christians.
- ✦ For civil authorities, for the strengthening of public morals, and for peace and justice among all nations.
- ✦ For the sanctification of our work and suffering, for the poor, sick and afflicted, and for all who rely on our prayers.
- ✦ For our own spiritual and temporal needs, for those of our relatives, benefactors, and also for those of our enemies.
- ✦ For those who are to die this day, for the souls in purgatory, and for our final union with Christ in Glory.

## Our Father...

### *Silent Reflection*

### **Closing Prayer: Precious Blood Prayer**

**All:** Almighty and Eternal God, you have appointed your only-begotten Son the Redeemer of the world and willed to be appeased by his Blood. Grant we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen

Our Lady of the Most Precious Blood, pray for us.

St. Joseph, pray for us, St. Gaspar, pray for us, St. Maria De Mattias, pray for us,

St. Francis Xavier, pray for us.